



The Good Shepherd News

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A Word from the Pastor

Brothers and Sisters in Christ,

"Houses and wealth are inherited from parents, but a prudent wife is from the LORD." (Proverbs 19:14 NIV)



This verse shaped my childhood. As I thought about my future it became clear to me that whoever I had for a spouse, indeed anyone in my family, would be a gift from God. Years later, in the throws of being married with kids, I found this to be true.

God is the one who gives us families! We usually understand that when it comes to children. How about when it comes to having a spouse? It is God who brings people together for his purposes.

That's not to say that all families are perfect, or if your family isn't perfect that God doesn't love you or want you to be blessed. We live in a fallen world. Sometimes marriage and parenting are tough. One verse before this reads "A foolish child is a father's ruin, and a quarrelsome wife is like the constant dripping of a leaky roof." (Proverbs 19:13 NIV)

Sadly, sometimes divorce is a necessary evil. Nevertheless, God puts people in our lives for a reason and blesses us with those we have.

The next time we are fed up and tempted to think of people as disposable, remember this: "God sets the lonely in families..." (Psalm 68:6 NIV) Love the ones your with. Live with them as best you can, even with your ex's. Be part of the solution in the lives of your family members. You will see that you are blessed.

God's blessings!

PASTOR BRUCE



LWML NEWS

February LWML Meeting will be held February 13, 2016 at 9:30 am in the meeting room at 2073 Garden Street church address (Sanctuary). All women are welcome.



STEWARDSHIP CORNER



FINANCES FOR DECEMBER 2015(\$)

FOR Fiscal Year 2016	<u>MONTHLY ACTUAL</u>	<u>YEAR-TO-DATE ACTUAL</u>
GENERAL FUND INCOME	25,000	135,189
OTHER INCOME (SAVINGS)	0	10,725
GENERAL FUND EXPENSES	31,081	153,860
GENERAL FUND NET INCOME (LOSS)	(6,081)	(7,946)
GENERAL FUND TOTAL BALANCE (including all liabilities and building fund savings):		7,275

ATTENDANCE INFORMATION

	<u>DECEMBER 2014</u>	<u>DECEMBER 2015</u>
WORSHIP SERVICE TOTALS (AVERAGE)	127	115



**LWR MISSION
QUILTS & KITS**

QUILTER'S NEWS



It is that time of year again! We are packing up the quilts we have made this year, in February we will be sending them to Lutheran World Relief. So once again we are in need of sheets, as our shelves are bare. We use two sheets for every quilt we make, so keep us in mind when you clean out your closets or go to garage sales. The sheets don't have to be in perfect condition as some are used for fillers. We appreciate your support this past year and thanks to all who gave us sheets and material.

Also, we have sold several quilts this year and if you need a last minute Christmas gift or a birthday present, a quilt will keep someone warm and cozy.



Lunch Bunch



February's Lunch Bunch Will Be Meeting at the Lacita Country Club Thursday FEB.25TH. @ 11:30. Come And Join Us For Good Food And Fellowship. Any Questions..Call Peder Or Karen At 321-269-9134. Please see the sign up sheet on the board in the Narthex or on the table in the back of Shepherd's Hall to sign up.



Annual Book Sale

The annual Book sale will be Saturday, Feb. 20 from 8:00 A.M. to 2:00 P.M. We will be setting up on Friday evening (Feb. 19) starting at 6:00pm. We would appreciate some volunteers for both the set up on Friday and the clean up on Saturday.

We are planning to auction off a basket with lots of items. If you have anything to re-gift, please call Judy Bross at 268-4229. The profits from this event will go to the building fund.

Start telling all your friends about this and come and stock up on books. Thank you in advance for your participation.





FROM YOUR HISTORIAN



Alma Carmichael, at age 102 was aroused from her afternoon nap today and graciously filled in a few missing links in regard to her family and the Good Shepherd connection. You survivors may recall that she was our first organist back when the Titusville Lutherans rented the then Seventh Day Adventist building on U.S. 1 to the right of the overpass as it heads north. The building still stands today very much as we knew it and has been used by several denominations in the intervening years. It is also air conditioned now although (noisy) window units were installed sometime before its Sunday renters moved into their own new building on Garden Street in 1961. The tenants were also the janitors, entering the building just after sunset on the Sabbath (seventh day!) and preparing it for Sunday worship. There was a modest electric organ up front on the left side which Alma played, and she also came down from Oak Hill earlier on Sunday mornings to practice and maybe even warm up the building with its gas heater when it was cold.

Alma and the late Al Carmichael had two lovely daughters: Margie who resembled her late father and presently lives in New Smyrna Beach, while Karen, looking more like her mother, lives in Bell, Florida, out in the country really and takes care of her mom most of the time, although Alma moves to Margie's New Smyrna home occasionally Karen used to be Mrs. John Robertson, and her handsome young husband was killed in Viet Nam. They had a son, John Daniel (Danny) whose baptismal sponsors were Al and Jeannette Werden. He is now 40 years old and has retired from the Palm Bay Fire Department, returning to Bell, Florida, where Tom Philman has given land to Danny and his brother on which they have built homes. Danny is also a fire fighter/medic with the local fire department and responds directly whenever notified that Grandma Alma has fallen and needs help. (At 102, this can happen occasionally.) Of general interest—Alma is originally from Iowa, and the girls are pictured in the photo album of Good Shepherd's confirmands. Must get that down one of these days!

Have already run out of space and won't be able to write about interesting items from our District newspaper "Lutheran Life," especially news about one of our former pastors. Maybe you've already seen the item for yourself. Stand by!

February blessings from your historian.

Elizabeth Nething
beenething@cfl.rr.co



March Newsletter articles will be due no later than Monday February 15, 2016. Please email your article to office@titusvillelutherans.org or leave it in the church office by Friday, February 13. Thank you to all who contribute every month.



MODERN MEDICINE AND THE BIBLE

Do You really think you have a headache because you are lacking aspirin in your head?! What about cancer? Are we lacking radiation or poisons? I don't think so. I really believe if the World lasts 100 more years they are going to look back at 2016 and compare our illness treatments like we have now to the medical practices of 1000 years ago. They will say, "They cured cancer by radiation burning, surgically cutting or chemically poisoning it out?! How barbaric!" From personal experience, doctors today treat the symptom and ignore the underlying cause.

Did God show us the cure or prevention of all diseases in the Bible?! I think He did. Research is beginning to show that there are an entire range of foods in the Bible that if you eat, will prevent and cure sickness. Like what? Olives and everything to do with olives. Figs, myrrh, honey, apples, beans, almonds, grapes, wine, raisins, fish, beef, butter, cheese, milk, eggs, spices, cinnamon, cumin, fruits, flax seed, garlic and my favorite locusts. There are many more. He meant us to eat well.

Cancer, heart disease and diabetes are modern sicknesses. They almost all are caused by our diet and for the most part can be cured with a Bible based diet. What's to be avoided? Sugars, cigarettes, alcohol.

Prior to 1900 sugar was an expensive treat. Even cigarettes and hard alcohol were rare treats. Then they flooded the food industry and along came with it, cancer, heart disease and diabetes. If you ever get a serious illness, back off into a Bible based diet only. God wants us to be healthy. His recipe book is for a healthy life, the Bible. Who knew!?



Joseph Laberge



9th Annual Shepherd's Hall Chili Cook-Off

Join us on Sunday, February 21st after the single service at 10:00am in the Sanctuary, for "some of the best chili this side of Texas!" Sign up sheet is located in the Narthex of the Sanctuary and the Gathering room of Shepherd's Hall. Cook up a pot of chili and compete – prizes will be given! *1st is \$100.00, 2nd is \$50.00 & 3rd is \$25.00 – or just join us to taste and eat some great chili and enjoy some great fellowship. GSLC youth are encouraged to cook up a pot of chili and bring some desserts. The proceeds will help send our youth to the 2016 LCMS National Youth Gathering.

*Contest proceeds must equal \$200.00 or prizes will be adjusted accordingly.

February Birthdays

1 st	Diana Good	16 th	Al Werden
7 th	Joy Vandyke	20 th	Callie Hoffman
11 th	Rick Hall	22 nd	James Good
11 th	Orville H. Husk	25 th	Bud Van Fossan
14 th	Alice Stoltenberg	25 th	Debbie Nix
15 th	Richard Good	29 th	Reginald Persh



February Anniversaries

1 st	Tom & Glenna Lau
27 th	Larry & JoAnne Rhodes



We join in thanking God for His blessings in the past. We ask Him to keep you in His Grace and love in the future. If your birthday or anniversary was not listed correctly, please contact the office.



Helpful Health Hints By The Congregation Nurse



“Do not let your heart be troubled.
Believe in God, believe also in Me.” (John 14:1)

February is set aside every year as “American Heart Month”. As we all know, the older we get, the more concerned we are about our health, especially the health of our “hearts”. This month I would like to share some information about **Congestive Heart Failure**.

Congestive heart failure doesn’t mean the heart has failed, it simply means that the heart isn’t pumping as well as it should. Today there are approximately 6 million Americans living with this condition, the majority being the older population. Since the heart is not pumping effectively and efficiently fluid builds up in the lungs and the patient becomes short of breath, especially when lying down. A cough may be present as well as fatigue and swelling of the abdomen, ankles and feet. The heart tries to compensate by beating faster, which also creates weakness and fatigue. Less blood to the brain can cause dizziness and confusion.

Today there are improved treatment options available, medications and lifestyle changes that can decrease the progression, lessen the symptoms and improve the quality of life.

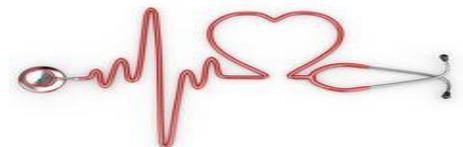
It is important to follow your doctor’s treatment plan and to take medications as directed. This is a team effort and the patient is an important key to that team. Stop tobacco use; watch your weight (usually you should weigh daily and any weight gain is reported to your doctor), control blood pressure, cholesterol, and sugar. Exercise is important; a good start is to participate in a cardiac rehab program. Be sure to keep follow-up doctors appointments and get your flu and pneumonia vaccinations to avoid lung infections.

Diet is important. Decrease salt (check labels for sodium content) increase fiber, and reduce fat intake. If you are on diuretics be sure to include potassium rich foods such as raisins, bananas, greens and orange juice to your diet. Having your blood checked for potassium levels is important because either too little or too much potassium can be harmful and potentially deadly.

Congestive heart failure is serious but if you pay attention to your symptoms and take an active part in your treatment you can still live a full and enjoyable life.

Barbara

(adapted from the American Heart Association)



LWML NEWS

WONDERING WHAT TO DO with empty inkjet printer cartridges, empty laser printer cartridges, used cell phones, laptops (include power cords) digital cameras, e-readers, tablets, GPS systems, and Scientific Calculators? Here's a suggestion-donate them to the LWML. We will collect them and redeem them for cash to help fund the LWML's 2019 National Convention in Birmingham. Ask your family, friends, neighbors-even the place where you work- if they would like help disposing of their empty ink jet and laser cartridges or other recyclable items. Then, bring them to the church and drop them in our collection box in (meeting room in church or the gathering room in Shepherd's Hall. We'll appreciate your help....and so will the environment! **Remember to purge any personal information on your donation. (Please no monitors, computer towers, keyboards, fax or copy machines)**

Thank you very much LWML.



CASH, You Don't Have Any!

What cash do you have in your pocket? For real that is all the cash you have. And it is only worth anything because of a promise backed up with 0 value. It gets worse. The Banks have very little CASH on hand. If any bank had its customers for 1 day request all transactions be done with CASH, none could do it.

The scary part is that you THINK you have investment money or savings or checking. It is nothing more than a number on a piece of paper. Money used to be backed by gold and silver now it is backed by a promise from the Government and nothing else! But of course the Government has never broken a promise! The entanglement gets worse still. The Government has no control over your money. That was voted away to the Federal Reserve decades ago with no audit done for decades and none expected soon. The day of reckoning is fast approaching whether one believes it or not. Almost \$20 Trillion in debt and growing fast and the Federal Reserve doesn't even bother to print the money to back it. All it issues are IOU's. It is a number they literally pull out of thin air. Trillions of dollars traded daily but 0 actual CASH being traded. The Government and the Federal Reserve have "cooked the books" and many think there are no consequences.

Our politicians are clueless as to how to keep the books
God teaches us how in the Bible.

Joseph Laberge



Thank You to SEASONS IN THE SUN RV RESORT for all the food and monetary gifts donated to our food pantry. It is people and groups like yours that help to keep this ministry going and helping our community! Hal & Linda Baker, we always appreciate your help very much also!



Why Lutheran Schools?👁️

To Strengthen the Congregation: Lutheran schools equip children to become Christian leaders in the congregation. The school also involves young parents in congregation activities more than in congregations without schools. These young parents frequently become new leaders of the congregation. Students are encouraged to become future pastors and teachers, ensuring an ongoing supply of church workers.

To Nurture the Children's Faith: Faith is nurtured by daily proclamation of the Gospel, teaching children the Word of God and how to read and understand that Word on their own, and by modeling and challenging students to live the Christian faith.

To Strengthen their Communities: Every community needs students who are academically qualified and have learned to practice appropriate morality and respect. Since Lutheran schools accept students from all parts of the community, they can have a strong effect on the community itself.

To Provide a Safe, Caring Place for Children. Unfortunately, in many communities children are not safe. Lutheran schools provide places where children don't have to worry about being attacked verbally or physically. Loving teachers and other staff members daily demonstrate Christ's love for them and their love for children.

To Help Children See All of Their Lives From the Perspective of God's Word. As the Christian faith is integrated into their lives, Christian decision-making and problem solving are facilitated.

To Demonstrate the High Value the Congregation Places on Children. Lutheran schools require a considerable investment of prayers, energy, money and staff. Such an investment by a congregation clearly demonstrates to the community that it places a high value on children, God's beloved little ones.

To Enhance the Public Relations of the Congregation. As the school reaches many segments of the community, the parents who come to the school begin to inquire about the sponsoring congregation. Members frequently ask each other, Does this congregation have a school? But non-member school parents frequently ask the school, "Does this school have a church?" The congregation becomes better known in the community because of the school parents, and the school's marketing efforts.

To Seek Out the Lost: Lutheran schools, which enroll children from all parts of the community, provide new and varied opportunities for evangelism by the congregation and its staff. These opportunities are not available in any other way. That's why Lutheran schools are considered the most effective agencies in congregational evangelism and why pastors of growing congregations with schools in nearly every case, identify the school as the congregation's most effective outreach agency. Eighty-five percent of the fastest growing congregations in the Synod operate schools.

To Fulfill the Congregation's Responsibility For the Christian Education of its Children. When the Synod was formed, it became a requirement of synodical membership that congregations would provide Christian education for their children. This was before public schools were available and before Sunday schools were popular. Thus a congregation was expected to operate a Lutheran School if it was to become a member of the Synod. The Great Commission was not given only to parents, but to all members of the church. A current proverb, "It takes a village," reminds congregations that it is their corporate responsibility to provide a Christian education for the children of the congregation.



2016 PHOTO DIRECTORY

It is hard to believe it has been four years since the last photo directory. So much has changed and at the same time so much has remained the same. I am looking forward to this years directory. Don't forget to ask any military, present or retired, any police, fire department, EMT's or any one else considered to be a first responder. We owe them a lot of thanks for keeping us safe. They get to be included in our session and with it a 8 x 10 photo is included for free. Also, if any one has a favorite pet they would like to include in their photo, they are more than welcome.

Mark these dates on your calendar. February Monday 15, Tuesday 16, Wednesday 17 or Thursday 18. From 1 PM until 8 PM. Email us at Sky7728@aol.com or call us at 321-268-3465 and leave us a message. We will do everything we can to make sure we include you in the 2016 directory. Do it now!

Joseph Laberge

Church Photo Directory



Photos For The Directory

If you have photos of congregational activities (2013,2014,2015,2016) that you would want to be considered for the upcoming photo directory, please provide them to Bill Makey either via email, memory card or memory stick. Your memory card and memory stick will be promptly returned to you. You can either give them to me directly or place them in the A/V mail slot in the Church Office. The Directory Committee would like to have them by February 21st.

Bill Makey (wmakey@cfl.rr.com)



Midweek Lenten Services

Ash Wednesday marks the beginning of Lent on Wednesday, February 10th. Morning service starts at 11:00am in the Sanctuary. Lent services continue on Wednesday's at 11:00, through March 16th. We will continue our traditional "Lenten Lunches" following the services, homemade soups, breads and desserts. Everyone is invited and we hope that you will join us for lunch and fellowship during this special time of our church year. Look for the sign-up sheet in the narthex. Evening services will be held at 7:00pm in the Sanctuary. We look forward to seeing you there!

